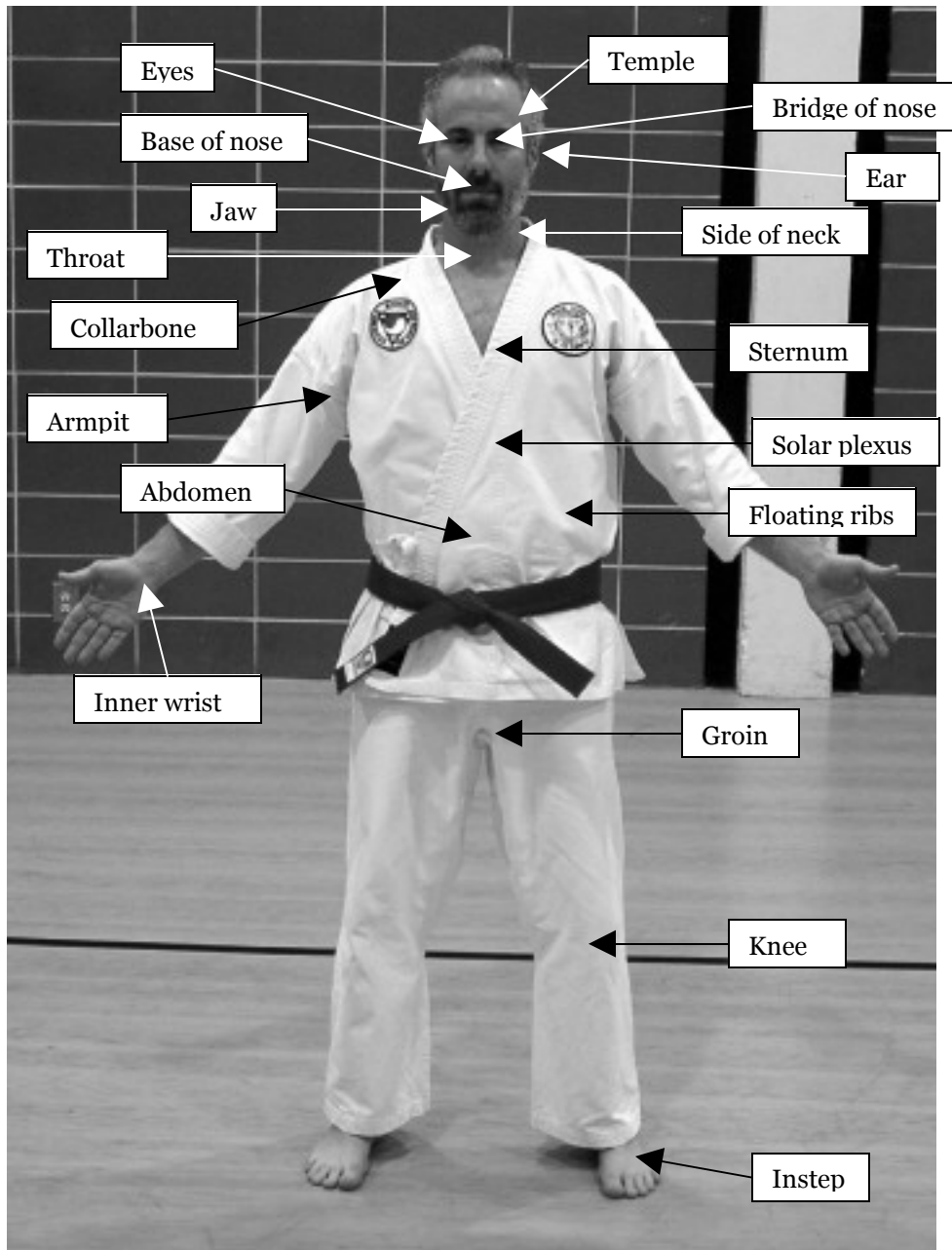




Targets

Knowing where to strike is just as important as knowing how to strike an opponent. A perfectly thrown punch or kick isn't going to have much of an effect if it doesn't hit a valid target. The following pictures show some of the major targets found on the human body.

Front Targets





Back Targets

